

## 4<sup>th</sup> Sunday in Ordinary Time

When he saw the crowds, he went up the mountain, and after he had sat down, his disciples came to him. He began to teach them, saying:

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.” *Matthew 5:1-3*

© Diocesan

The Sermon on the Mount, by Carl Bloch, 1877

### St. Helen Parish

<http://www.sthelenparish.org> 937.254.6233



St. Helen School <http://sainthelenschool.org> 937.256.1761

### TODAY AND THE NEXT THREE SUNDAYS

we hear the Sermon on the Mount, beginning with the Beatitudes. Jesus challenges us to seek first the Kingdom, to make God and God's love and mercy the focal point of our choices.



### 2023 Catholic Ministries Appeal (CMA)

Next weekend is Commitment Weekend for the 2023 Catholic Ministries Appeal. More than anyone in the world, the Catholic Church teaches, feeds, and heals. In our local community, this happens through the Catholic Ministries Appeal. Join us in supporting these ministries! You can mail your pledge card or bring it to Mass next weekend. For more information about the CMA or to donate online, visit [CatholicAOC.org/CMA](http://CatholicAOC.org/CMA). Thank you!

### READINGS FOR JANUARY 29

Isaiah 8:23—9:3  
1 Corinthians 1:10-13, 17  
Matthew 4:12-23

### With heartfelt thanks STEWARDSHIP OF TREASURE

January 21 and 22

\$3,240.30

Maryknoll Missionaries

\$60.00

### FIRST FRIDAY EUCHARISTIC ADORATION

All are welcome to join us for Adoration from 10 a.m. until 4:00 p.m. in the Blessed Sacrament Chapel. Solemn Exposition then begins at 4 and concludes at 5:00 p.m. Come spend some quiet, peaceful, prayerful time before our Lord this coming **Friday, February 3.**



CATHOLIC  
MINISTRIES  
APPEAL

### Examples of Your CMA Donations at Work



#### Campus Ministry

The CMA supports Campus Ministry at the University of Cincinnati, Miami University, and Wright State University.



#### Retired Archdiocesan Priests

**104** priests receiving retirement benefits.



#### St. Rita School for the Deaf

more than **200** students enrolled.



#### Prison Ministry

The CMA supports Prison Ministry at Lebanon Correctional, Warren Correctional, and Dayton Correctional Institutions.



#### Seminary and Vocations

For the current school

year, **46** men are in formation for the Archdiocese of Cincinnati.



#### New Evangelization

This past year,

**758** engaged couples attended a *Genesis Pre-Cana Retreat*.



#### Catholic Charities & Social Services

**45,819** meals served.



#### Hospital Ministry

**40,000+**

visits were made to patients, staff, and family members in 2022.

Visit [CatholicAOC.org/CMA](http://CatholicAOC.org/CMA) to give online or text "DONATE" to (513) 586-1978.



**ST. HELEN CATHOLIC CHURCH • RIVERSIDE, OHIO**

**WEEKLY MASS INTENTIONS**

**SUNDAY, JANUARY 29**

9:00 am Pauline Hewitt (Elaine Monell)

**MONDAY, JANUARY 30**

9:00 am John Griggs (Mary Thomas)

**TUESDAY, JANUARY 31**

9:00 am Rosario Arrozal (Rose Prado)

**WEDNESDAY, FEBRUARY 1**

9:00 am William Blanford (Connie McIntyre)

**THURSDAY, FEBRUARY 2**

9:00 am Luz Mamitag (Rose Prado)

**FRIDAY, FEBRUARY 3**

9:00 am Michael & Alice Fields (Denise Fields)

**SATURDAY, FEBRUARY 4**

4:30 pm IC Rosemary Schneider

**SUNDAY, FEBRUARY 5**

9:00 am The James Monell Family (Elaine Monell)

*Weekday and Saturday Intentions are remembered at the Masses at Immaculate Conception*

**PRAYER TO BE POOR IN SPIRIT**

Lord,

I go throughout my day

thinking of you usually

only when I want something,

particularly for healing of self or others.

Help me to think of you always, to depend on you,

to shine your light and your hope

to realize that I can live without worldly treasures

but that I do not want to live without you.

**CALENDAR OF EVENTS**

**SUNDAY, JANUARY 29**

9:00 am Mass—Fr. Uriel (live streamed)

10:15 am Religious Education

**MONDAY-FRIDAY, JANUARY 30-FEBRUARY 3**

**MONDAY, JANUARY 30—Fr. Len**

All Day—School Retreat Church Tours

10:00 am—Quilters in Quilting Room

**TUESDAY, JANUARY 31—Fr. Uriel**

7:00 pm—PTO Meeting—SB

**WEDNESDAY, FEBRUARY 1—Fr. Len**

10:00 am—Quilters in Quilting Room

1:30 pm—Centering Prayer—HR

6:00 pm—Sacrament of Reconciliation Fr. Tony

6:30 pm—St. Vincent de Paul Society—SJ1

7:00 pm—Choir practice

**THURSDAY, FEBRUARY 2—Fr. Len**

**6:00 pm—Reconciliation at IC — Fr. Len**

**FRIDAY, FEBRUARY 3—Fr. Len**

10:00 am—First Friday Adoration—Church

**SATURDAY, FEBRUARY 4**

4:30 pm—Fam Parishes Mass at IC—Fr. Len

**SUNDAY, FEBRUARY 5**

9:00 am—Mass—Fr. Len (live streamed) Boy Scout Sunday

10:00 am—Donut Sunday—SB

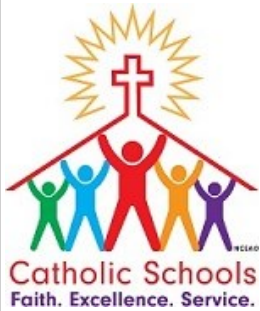
10:15 am—Religious Education

*Priest's schedules are tentative & subject to change.*

**NEXT SUNDAY IS DONUT SUNDAY!**

**Come and enjoy!**

February 4 and 5	Eucharistic Minister	Altar Server	Lector	Live Streaming
<b>Saturday, 4:30 PM at IC</b>	Kathy Hendrixson Lynn Howell Carolyn Howick Leann Som	Eric Moser	Pat Schneider (1) Michael Bassett (2)	
<b>Sunday, 9:00 AM at SH</b>	Santiago Basto Brian Lezanic Lynn Middy Michael Pratt Michelle Pratt Sarah Seward Walter Seward	Autumn Berwanger Julia Berwanger Josie Fite Molly Fite	Kathy Snyder (1)	Jay Rutledge



### CATHOLIC SCHOOLS WEEK AT ST. HELEN

This year the groups of Faith Families will spend alternating times in activities focused on faith, excellence, and service. One of the things they will do is go on a guided tour of the church, learning its history and the meaning or symbolism in its architecture and sacred objects. They will also spend time learning another meditation technique using a finger labyrinth to help them pray as they sit in the presence of God. The day will be very active for the kids as they move to a different station and activity every half hour and conclude the day with Benediction. Please pray for them this Monday, January 30, as they begin Catholic Schools week with this retreat!

### JOB OPPORTUNITY AT ST. JOSEPH CHURCH

**We are looking for a part-time Office Manager.** This person will be responsible for the day-to-day management of the office. The ideal candidate will have experience working with a wide variety of people, good communication skills, a self-starter, can work independently, and takes initiative. Call the office if you have questions. If interested send your resume to [ritazatzjoseph@sbcglobal.net](mailto:ritazatzjoseph@sbcglobal.net).

### NATIONAL MEN'S CONFERENCE – SATURDAY, MARCH 25, 2023

The National Men's Conference (formerly known as the Cincinnati Men's Conference) will be held on Saturday, March 25, 2023 at the Cintas Center on the campus of Xavier University. Join us as we hear from inspiring presenters, including **keynote speaker Jonathan Roumie of "The Chosen,"** grow in fellowship, and build our relationship with Jesus Christ centered on the Eucharist. Mass will be celebrated by Archbishop Dennis M. Schnurr and Bishop Earl K. Fernandes. **Go to [nationalmensconference.com](http://nationalmensconference.com) for more info and to buy your tickets now!**

### FEAST OF THE PRESENTATION OF THE LORD THIS THURSDAY

On this feast we remember Joseph and Mary presenting the baby Jesus in the temple. Simeon, a man praying in the temple, recognizes Jesus as the Messiah and, speaking to God, calls Jesus "a light for revelation to the Gentiles and glory for your people Israel." If you are able to do so, perhaps try eating dinner by candlelight and talking about the ways light helps us and guides us . . . and pray that we always recognize Jesus as our true source of light and hope.

### MARIAN CONSECRATION STUDY GROUP

Fridays February 10th to March 31st, 5:30-7 p.m., using *Preparation for Total Consecration according to St. Louis de Montfort* by Fr. Hugh Gillespie, S.M.M. (\$10 to purchase) and sharing meatless soups at St. Albert's Spirit Center, 3033 Far Hills Ave., Kettering. Register by February 6 with Gloria Dodd at 937-229-1431 or [legionofmarystalbert@yahoo.com](mailto:legionofmarystalbert@yahoo.com).

### SCHOLARSHIP OPPORTUNITY FOR HIGH SCHOOL SENIOR GIRLS

Dayton Catholic Women's Club Scholarship was established in 2010 to assist graduating high school women of the Catholic faith to further their studies. This \$1000 scholarship is for practicing Catholic girls who are striving to live a Christ centered life. The Scholarship can be used for education at an accredited technical school, junior college, community college or four-year college/university. Please encourage your daughters, granddaughters, and nieces to apply.

Apply at: <https://daytonfoundation.academicworks.com/opportunities/7539>



## NE7 FAMILY OF PARISHES ACTIVITIES January 29, 2023



**TRIVIA NIGHT** returns to **St. Anthony Gym** on **Friday, February 3, at 7 pm!** Teams from our Family of Parishes are welcome and encouraged to join us in friendly competition covering general knowledge questions. Prizes awarded each round! Admission is \$10/person. BYOB and snacks. Must be 21+. Doors open at 6:30 PM.

Join us following 5:00 PM Mass at **Holy Angels on Saturday, Feb 18<sup>th</sup> Meatball Madness Mardi Gras.**



We will be serving delicious food, drinks, and King Cakes. We will also have games and crafts for the children. Cost is \$10 per adult, and \$25 per family with children. This event is sponsored by the Holy Angels Knights of Columbus and our Family Faith in Action Commission. **RSVP required:** go to Holy Angels Parish website [www.hasadayton.org](http://www.hasadayton.org) by February 11

IF YOU WANT TO "GET YOUR TRIVIA ON" BUT FRIDAY NIGHT DOESN'T WORK, HOW ABOUT SATURDAY, FEBRUARY 4, AT HOLY ANGELS?

**Trivia Night**

**SATURDAY FEB. 4**  
HOLY ANGELS GYM

\$100 PER TEAM TABLE --  
MAX OF 8 TEAM MEMBERS  
BRING YOUR OWN FOOD AND ADULT BEVERAGES

DOORS OPEN AT 6:30PM  
TRIVIA STARTS AT 7:00PM

TO RESERVE YOUR TABLE:  
SCAN THE QR CODE OR CLICK THE LINK  
[HTTPS://BIT.LY/HATRIVIANIGHT](https://bit.ly/hatrvivanight)  
TO PAY AT THE DOOR, CALL OR TEXT  
STEPHANIE AT 937.902.4240

Proceeds benefit 8th grade activities

Save the date! St. Anthony Fish Fry February 25!

**FEBRUARY 19TH - MARCH 12TH**

**SUNDAYS AT IC 6:30-8:30**

**DINNER PROVIDED**

**QUESTIONS? CONTACT MARTY!**  
[MARTYBAGATTI@ICPARISHDAYTON.ORG](mailto:MARTYBAGATTI@ICPARISHDAYTON.ORG) / 937-252-9919 X 209

**But Wait... There's More!**  
A LIFETEEN SERIES ON LENT

**Rise!**  
High School Youth Ministry

This year at Rise, our high school teens will be spending Lent reflecting on... Lent! It's too easy to approach Lent the same way every year, **THERE'S MORE** to it than that!

*But Wait... There's More* is a Lifeteen series to help high schoolers understand Lent through different lenses. We'll develop new perspectives that will lead to a deeper understanding of the season of Lent and strengthen our relationship with Jesus Christ during this liturgical season.



***Ite Missa Est Presents A Six-Week Lenten Series...***

### **"Dark Night of the Soul"**

**By: St. John of the Cross**

Facilitated by: **Fr. Satish Joseph**

Friday evenings: February 24, March 3, 10, 17, 24, 31

Time: 6:30-8:00pm (Dinner 6:30pm in MSH/Session 7:00pm in Church)

Registration opens January 22, 2023

<https://membership.faithdirect.net/events/org/796>

Participate in person or via live stream!

A simple soup and salad dinner is part of each session. IC will provide the meal for the first session.

Participants will be asked to sign up to bring a dish for subsequent weeks.



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