

St. Helen Parish Invites You to Embrace and Experience the Lenten Season

<p><i>Alleluia Alleluia</i></p>	<p>SHROVE TUESDAY - February 16, 7:00 p.m. Beginning with Evening Prayer in the church and concluding with Mardi Gras in the gym. Remember to bring your palms from last year and join us as we say "Farewell" to the Alleluia!</p>
<p> <i>Remember that you are dust</i></p>	<p>ASH WEDNESDAY, February 17 Mass with Imposition of Ashes 6:30 and 8:15 a.m., and 7:00 p.m.</p>
<p><i>My prayers rise up like incense to You</i></p> <p></p>	<p>EVENING PRAYER 7:00 Sunday Evenings February 21, 28; March 7, 14, 28 With a special music performance of the Way of the Cross by the Miami Valley Catholic Church Musicians' Jubilee Choir on March 21 at 7:00 p.m.</p>
<p> <i>We adore you, O Christ, and we bless you</i></p>	<p>WAY OF THE CROSS 7:00 Friday Evenings February 19, 26; March 5, 12, 19, 26 Booklets will also be available at other times if you would like to pray individually as your schedule allows</p>
<p><i>Praise God in His holy dwelling</i></p> <p></p>	<p>EUCCHARISTIC ADORATION First Friday of the Month Begins at 10:00 a.m., and concludes with Stations at 7:00 March 5 During Lent, Stations of the Cross will replace Exposition of the Blessed Sacrament</p>
<p></p>	<p>ONE BREAD, ONE BODY PARTNERSHIP COMMUNAL RECONCILIATION SERVICES</p> <p>Tuesday, February 23, 7:00 p.m. at St. Helen Thursday, March 23, 7:00 p.m. at Ascension</p>
<p></p>	<p>"BURN IN ME" ST. HELEN PARISH LENTEN RETREAT For all parishioners SATURDAY, MARCH 13 9:00 A.M. - 1:00 P.M.</p>

Let Lent be Lent so that Easter can be Easter!